

YOUNG PATRONS'







Who we are

Jewish Care is the largest health and social care organisation serving the Jewish community in London and the Southeast, and touches the lives of 12,000 people each week. We bring isolated members of the community together through our centres for people living with dementia, community centres, and Holocaust Survivors' Centre. Our care home staff provide specialist residential, nursing and dementia care, and support older people to live independently at our Retirement Living apartments.

In 2024, Jewish Care and Jami became one organisation to offer even greater support to young people and adults whose mental illness and distress make everyday life a challenge.

Jami has completely changed my life. I now feel able to talk about my issues in a safe space and build strategies to cope with my issues.

Raising funds for Jami

Over the years, we have found Jewish Care causes that we think will resonate with our Young Patrons because we want to ensure that your donations make an impact on the services that matter most to you. This year, your funds will go to Jami's vital services, supporting young people and adults in the community whose mental illness and distress make everyday life a struggle, together with their families. Since one in four people in the Jewish community is living with mental illness or distress, and these difficulties are affecting over 55% of under 25s*, Jami's services are more important now than ever before.

Jami provides tailored support, a safe space to talk, social connection, and access to work and volunteering opportunities, for individuals struggling with their mental health. We also offer emotional and practical support to those caring for someone with mental illness, and provide education and training to community leaders. Our services include The Dangoor Children and Young Person's Service, Jami's community hubs, and our carer and family support services, as well as the community groups at Head Room, Jami's social enterprise café, supported by the Maurice Wohl Foundation.

*Jewish Policy Research 2023



The Young Patrons programme

The Young Patrons programme is a way to get involved and support your community. Your donation will be used to help provide vital care to the vulnerable people who use our services.

Events, networking, socialising

Every year, you will be invited to the Jewish Care Annual Dinner where, alongside our Patrons and Friends of Jewish Care, you will hear about the latest news at Jami and Jewish Care. Throughout the year, we also run a variety of special networking and social events.

Tours of our services

Being part of the programme will allow you to see firsthand the difference you can make. You will be invited to see the work we do, and meet the people we support.

Volunteering

YJJC is offering an exclusive volunteering opportunity for members of YJJC to volunteer in our homes and with our residents on a Sunday morning. Activities range from gardening and befriending to chatting with members over a coffee.

To recognise your generous support, we will also add your name into two of our key publications, unless you prefer to remain anonymous.

How do I become a Young Patron?

To become a Young Patron, we ask for a minimum annual pledge of £500 (or £42 a month). Payment can be made by cheque, credit card or online through our website, or you can spread the cost using the options below:

Direct debit gives you the option to spread your gift monthly for just £42 a month. Simply email <u>yjjc@jcare.org</u> to receive an online <u>JustGiving</u> form.

Payroll giving allows you to give through your payroll, meaning your donation will be taken monthly and directly from your salary before you pay any tax. This will reduce the tax you pay, benefiting both you and the people in the community who you'll be helping to support.. To do this, contact your payroll department and let them know how much you would like to donate each month.

Jami has taken away some of the anxiety I face every day and gives me the opportunity to speak openly with no judgement.

yjjc@jcare.org



Making the most out of your donation

We are able to claim back the tax paid on your donations, which means for every £1 you give, we get an extra 25p. For example, if you donate £10, we are able to reclaim £2.50 back from HMRC and it won't cost you a penny! To qualify for Gift Aid, you must be a UK taxpayer. Please let us know if you would like to gift aid your donation.

Matched giving

Matched giving is a great way for businesses to share and encourage their employees' support of charities. Businesses can match your donation pound for pound, or agree to donate a percentage of the amount raised. No Corporation Tax is paid on the money used to match employee giving and, apart from a reduced tax bill, it also helps to raise your company's profile and generate positive PR.

If you would like more information on becoming a Young Patron, please contact Lily on <u>yjjc@jcare.org</u> or call 020 8922 2813.

Having someone listen compassionately whilst offering sensible advice and feedback was a gamechanger for us.















6 Young Patrons

yjjc@jcare.org

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Testimonials

Through my role as a Young Patron, I see how Jewish Care and Jami bring generations closer together. By supporting the charity, I feel I am playing a small part in honouring the legacy of previous generations.

Young Patrons are the future of Jewish Care. We have the ability to make a difference now, and to help those who are in need to have a brighter future.

Contact

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jewishcare.org

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in Jami UK



