

#### Thank you so much for choosing to support Jewish Care's Dine 4 Dementia by attending an event!

We are incredibly grateful for your support. Your kind donation will help us to make a real difference to those we support living with dementia.

Through our range of resources and services at Jewish Care, we help people living with dementia and their family carers to live well and access the support they need.

We have three Day Centres for people living with dementia and their loved ones, where members can come and spend the day. Members have the opportunity to connect with others, combat loneliness, celebrate their Jewishness and express themselves and their culture whilst being cared for.

We deliver dementia-friendly activities, adapted so everyone can participate. Our centres and community programmes are designed to help stimulate members physically, emotionally and cognitively, helping to enhance their wellbeing.

Additional support is also available from many of Jewish Care's other services, such as meal on wheels, befriending, virtual groups, social work, and carers support.





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## More about our dementia services...

#### Our Centres are based at:

The Dennis Centre in Ilford

The Sam Beckman Centre at the Betty and Asher Loftus Centre in Friern Barnet

The Zalman and Ruchi Noé Centre at Sandringham in Stanmore

Additional dementia services at Jewish Care include:

Our Social Work and Community Support team

Memory Way Cafés – harnessing reminiscence to help people affected by memory loss conditions and their carers Singing for Memory – using the power of song to help people with impaired memory and those who care for them

Art for the mind – monthly therapeutic and engaging sessions designed to provide an overall sense of wellbeing for those living with dementia, together with their carers

Movement for Music – Tai Chi sessions that promote focus and serenity through gentle movements, connecting the mind and body for those living with dementia and their carers

To donate to Jewish Care's dementia services, scan the QR code or visit our website at jewishcare.org/dine4dementia



To find out more about our dementia services visit jewishcare.org/dementia

If you would like to host your own Dine 4 Dementia event, please contact Tanya Miller on **07717 427 095** or email **tmiller@jcare.org** 



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