

CARELINE

ISSUE 73 | SUMMER 2015/5775

**BY ROYAL APPOINTMENT:
HRH PRINCE WILLIAM SPEAKS
AT OUR CAMPAIGN DINNER**



JEWISH CARE

FOR FRIENDS AND SUPPORTERS OF

25
YEARS OF

JEWISH CARE

Contents



News and features

The Betty and Asher Loftus Centre	3
Our news in photos	4
Ask us a question	Common helpline questions 10
History is made	HRH Prince William's Dinner speech 12
Our valuable volunteers	Three special people 13
A few special moments	A Jewish Care timeline 14
The Great Jewish Bake Day	Fun fundraising 16
Material girls	A very special art project 18
Looking back, looking forward	How times have changed for social care 20
Making a difference	Legacies 22
Diary	Forthcoming events 23
Striking a chord	Our first "Sing-Off" 24
Final thought	CEO Simon Morris shares his views 25
Services directory	A guide to Jewish Care's services 26

Editorial enquiries: 020 8922 2828
Email: editor@jcare.org

Design & production by
Jewish Care's in-house design studio
to keep costs to a minimum

Cover photo
by Justin Grainge
HRH Prince William at
the 2015 Campaign Dinner

Contributing writers
Natalie Kennard, Simon Morris, Joy Sable,
Neil Taylor and Lisa Wimborne

Printed by Media Group

Special thanks to everyone who helped with this issue. The views expressed in *Careline* are not necessarily those of Jewish Care or its employees. No article or photo published in *Careline* can be reproduced in part or in full, electronically or by any other means of dissemination, without the prior permission of Jewish Care.

© Jewish Care 2015

Telephone: 020 8922 2000 Email: info@jcare.org www.jewishcare.org
Charity Registration Number 802559. Jewish Care – a company limited by guarantee. Registered in England Number 2447900.
Registered address: Jewish Care, Amélie House, Maurice and Vivienne Wohl Campus, 221 Golders Green Road, London NW11 9DQ

REMEMBER, FROM
BEFRIENDING TO PLAYING
THE GUITAR, SHARING YOUR
LOVE OF COOKING AND
OFFERING YOUR SKILLS
YOU CAN MAKE
THE DIFFERENCE

REMEMBER to find out more about
volunteering by calling 020 8922 2406
or email volunteer@jcare.org
www.jewishcare.org/volunteer

REMEMBER **JEWISH CARE**



A welcome home

Residents move into The Kun Mor and George Kiss Home

Four years after presenting our plans to the community, and thanks to the generosity of individuals across the community, this summer our first residents moved into Jewish Care's new 48 bed, £10million residential care home.

The first to move in were residents relocating from Jewish Care's 40 year old Ella and Ridley Jacobs House in Hendon.

As the mid-summer sun shone, residents, staff, volunteers and relatives were making the most of their spacious home with beautiful new landscaped gardens and roof terrace.

Home Manager Margaret Ofori-Koree commented; "It's wonderful to be in our new home, it's bright and beautifully designed with every detail being thought through. The home has been developed to ensure we can provide exceptional care in a stunning and homely environment. I am so proud and privileged to be the registered manager of this amazing home. I can't stop smiling!"

The Kun Mor and George Kiss Home, named in recognition of a generous gift from the granddaughter of the two holocaust survivors, is located in Friern Barnet at the Betty and Asher Loftus Centre.



PHOTOS: JUSTIN GRANGE UNLESS NOTED

Above Home manager Margaret Ofori-Koree in the new home

Residents are enjoying being part of a wider care community and are enjoying the wide range of activities on offer along with the newly built communal facilities including a café, shop and the Wohl Synagogue featuring beautiful stained glass windows.

For more information or to register your interest in the home please contact Jewish Care Direct on 020 8922 2222 or email jcdirect@jcare.org **CARELINE**



CAROLYN HARGREAVES



Top left The outside of The Kun Mor and George Kiss Home

Top right The beautiful stained glass window in the Wohl Synagogue at the Betty and Asher Loftus Centre



Below left One of the en-suite bathrooms



Below right The Gilda Regina Café seating area

AROUND THE WORLD OF JEWISH CARE

📌 Lionel Richie entertained 1,500 guests at the Campaign Dinner, held in June at Alexandra Palace.



📌 HRH Prince William was guest of honour at the Campaign Dinner, which was sponsored by Investec Specialist Bank and raised £5.1 million. He is pictured with (from left) Jewish Care (chairman) Steven Lewis, Nicola Loftus (dinner chair), The Lord Levy (president of Jewish Care) and (chief executive) Simon Morris.

JUSTIN GRAINCE

BLAKE EZRA PHOTOGRAPHY

📌 Chief executive Simon Morris kicked off Jewish Care's 25th anniversary celebrations in January with a giant cake in honour of the special year ahead.



📌 The 45th Annual RAGS (Redbridge Aid Golf Society) golf tournament took place at Abridge Golf and Country Club raising £140,000 for community services in Redbridge. A cheque for £125,000 was presented to chief executive Simon Morris for Jewish Care, with £10,000 going to the Community Security Trust and £5,000 to the Doris and Sidney Gold Trust. He is pictured (centre) with Golfers Vince Goldstein (left) and Phil Spencer.

📌 Darren Brown was one of six runners who took part in April's London Marathon and helped to raise £12,000 for Jewish Care.



MARK WINGROVE

YAKIR ZUR

📌 "Birds of a Feather" actress Lesley Joseph paid a visit to the Brenner Community Centre at Raine House in March, when she met with members and talked about her career.



📌 Clore Manor resident Harry Skolnick celebrated his second Bar Mitzvah with a party for family and friends at Clore Manor in February.

JUSTIN GRAINCE

JUSTIN GRAINCE



JOY SABLE

↑ Rubens House resident Sadie Simmons with staff member Devorah Richman at the Canary Wharf Shavuot lunch, held in May.

↓ Members of the Michael Sobell Jewish Community Centre had lots of fun when a photo-booth was brought in to add to the festive atmosphere at Purim.



MEGABOOTH

↓ Eight-year-old Brondesbury Park Synagogue cheder pupils Lauren Feldman and Emily Bunder celebrate Purim with Clore Manor resident Esther Savitt.



JUSTIN GRAINCE

↓ Nearly 100 golfers took part in the Alzheimer's Disease Golf Society (ADGS) Golf Day at Dyrham Park Country Club in May. The day, combined with efforts over the past year, raised over £42,000 for the Sam Beckman Dementia Day Care Centre, the Alzheimer's Society and Singing for the Brain.



JUSTIN GRAINCE



PAUL LANG PHOTOGRAPHY

↑ Young Jewish Care held a Cocktails and Dreams Comedy Night in April at The Arts Club in Mayfair. The event, which raised £1,910, was attended by 95 guests.



JOY SABLE

↑ Members of the Michael Sobell Jewish Community Centre enjoyed afternoon entertainment and fruit platters to celebrate Tu Bishvat in February.



BLAKE EZRA PHOTOGRAPHY

↑ Ray Parlour, Arsenal and England football player, was the guest speaker at the Redbridge Sports and Entertainment Committee's breakfast event in May. The event raised over £25,000 for local Jewish Care and Chabad services. Pictured (left to right): Daren Burney (chair of the event), Matt Lorenzo, Ray Parlour, Andrew Klein (chair of the RAGS fundraising committee).

JUSTIN GRAINGE



↑ Six residents from Rubens House in Finchley joined pupils from the Sacks Morasha Jewish Primary School in a matzah-baking workshop before Pesach.

↓ In May, a new Sefer Torah was donated in tribute to Jewish Care president Lord Levy at the Betty and Asher Loftus Centre in Friern Barnet. Pictured are the scribe, Lord Levy and Chief Rabbi Mirvis.



JUSTIN GRAINGE

KAREN TAPPENDEN



↑ Annie Lewis knitted more than 450 forget-me-nots, the symbolic flower for the Alzheimer's Society, to mark Dementia Awareness Week, which was held in May. Annie, pictured with Sue Haswell, the dementia care coordinator at Southend & Westcliff Jewish Community Centre, raised more than £1,000 for the Alzheimer's Society.

↓ The nearly Golden Oldies Club presented a tribute to lyricist Don Black in April. Don Black OBE attended, along with his family and 400 guests, and £1,500 was raised for Jewish Care.



ARI RAYMOND

↑ Employees from Barclays Bank met members of the Michael Sobell Jewish Community Centre in May at an employee volunteering session, where they chatted about their work and played games.

LISA WIMBORNE



↑ Chief executive Simon Morris helped Jewish Care residents get to their local polling stations to vote in May's General Election.

↓ Holocaust survivor Freddie Knoller and Young Patrons Dinner co-chair Jamie Landesberg with electric string musicians Bond at the Young Jewish Care Patrons' Dinner at the Marriott Hotel. The event raised £150,000 for the Holocaust Survivors' Centre.



KAREN ZETTER

Over 60 people attended Young Jewish Care's Property Quiz at Knight Frank in central London. The event raised £3,197 for Jewish Care.



BLAKE EZRA PHOTOGRAPHY



MARC MORRIS

The Maccabi League awards, held in June, saw Redbridge crowned the winners in both the team and individual categories.

Rela Goldhill Lodge resident Matthew Kayne with local MP Mike Freer and Starbucks UK managing director Mark Fox, celebrating the Golders Green shop's conversion to full disabled access.



SOLENT NEWS AGENCY



LAYA COTTRILL PHOTOGRAPHY

Redbridge JCC's Yom Ha'atzmaut Gala attracted 400 guests who enjoyed a fun-filled evening of entertainment and plenty of Israeli food.

Over 1,500 people enjoyed a fabulous day at The Princess Alexandra Home Family Fun Day which took place in June at the Stanmore home. The day, organised by The Princess Alexandra Home Special Events Committee raised £20,000 for residents.



JUSTIN GRAINGE



LANE HARRIS

Students from the Royal Central School of Speech and Drama took part in a photographic portrait project in March with residents from Lady Sarah Cohen House and Rosetrees. Jewish Care's creative arts development team developed the project with arts organisation Magic Me.

GET COMMITTEE'D!

Jewish Care is supported by a large number of fundraising committees. Careline takes a look at some of their efforts.

NOVEMBER

The Friends of Rosetrees (FOR) held a bridge supper in the new Pavilion. This was the first event that FOR had hosted there. It was a successful and well attended evening. Tournament director Harry Silverman ensured that all those playing duplicate bridge had a good evening. **The Challenge Committee** held a talk in the home of Barbara and Stuart Trogal on memories of the East End as recounted by Tony Abrahams. The event raised just under £400. **Friends of Rubens House** held a Klezmer evening, with good music and a lovely atmosphere. The evening made over £500.

DECEMBER

In the final quarter of 2014, the **Friends of Lady Sarah Cohen House** held its annual Chanukah Raffle. In the region of 2,500 tickets were sold, raising £1,755. The Friends of Lady Sarah Cohen House calendar raised £3,600.

FEBRUARY

Options held their final supper quiz at Bushey Synagogue after 35 years of existence. 180 guests attended and over £2,000 was

raised. **The Challenge Committee** held a film showing. *Above and Beyond* is a film about a group of young American pilots who left the comfort of their homes in the US to fly in the Israeli War of Independence. The event raised just under £1,200 and was both a financial and social success.

MARCH

The **Lady Sarah Cohen House** Quiz Supper took place and raised over £1,500. **Rosetrees** held their Annual Quiz Supper, which was a great success in the new Pavilion. **The Friends of Rubens House** held their Annual Supper Quiz, raising just under £7,000. David Linder's appeal as the chairman had an impact, raising £1,150 from the raffle, and five wheelchairs were pledged.

APRIL

The Challenge Committee held a tea dance in the Michael Sobell Jewish Community Centre. Everyone had a great time and danced the afternoon away, enjoying the cream tea too. **The Options Committee** held their annual Bridge & Kalooki evening at the Bushey Country Club. Just over £800 was raised to buy items needed by various homes. The Options Committee, over the years, has raised over £25,000 for Jewish Care.

Kathryn is just one of the trained advisers who will give you the help you need



IF YOU NEED GUIDANCE, SUPPORT OR INFORMATION WITH A HUMAN FACE

We all need a little help sometimes, and that's where Jewish Care's Helpline is your first port of call. Our expert trained advisers answer 15,000 enquiries every year. So whatever you need, we can help you find it – in complete confidence.

We can tell you about our services: care homes, care in your own home, community centres, support for people living with dementia and for their families and carers'. And if we can't help you ourselves, we'll help you find someone who can. So if you need advice with a human face, please remember Jewish Care.

**REMEMBER OUR HELPLINE.
WE'RE HERE FOR YOU.
020 8922 2222
JEWISHCARE.ORG**

REMEMBER **JEWISH CARE**

Turn your Simcha into a Mitzvah for Jewish Care

Simcha donations are a vital source of funds for the services we offer the community. In this way we raise over £80,000 per year. Please think about asking people to donate to Jewish Care to mark your happy occasion.

25TH WEDDING ANNIVERSARY

Michelle & Stephen Lubinsky
Sheila & Stuart Rose

30TH WEDDING ANNIVERSARY

Sharon & Jonathan Faith
Judie & Morris Finesilver
Karen & Eli Perl

35TH WEDDING ANNIVERSARY

Geraldine & Maxwell Gower

40TH WEDDING ANNIVERSARY

Laraine & Lester Abrahams
Elaine & Clive Goodman
Jackie & Alan Harris
Lucy & David Isenberg
Yvonne & Allan Jacobs
Jennifer & David Levene
Vivienne & Gerald Morris
Gail & Alan Philipp
Rochelle & Carroll Raphael
Jacky & David Rubin
Barbara & Maurice Talson
Sandra & Arnold Wagner

45TH WEDDING ANNIVERSARY

Roberta & Anthony Shaw

50TH WEDDING ANNIVERSARY

Beatrice & Gerald Barnett
Anne & Stephen Berman
Mr & Mrs Jeffrey Goodman
Agnes & Ronald Greenbaum
Isa & Rodwin Jackson
Shirley & Brian Lever
Marlene & Alan Mendoza
Ruth & David Rothenberg
Sylvia & Irving Schryber
Renee & Stanley Segal
Joy & Alan Shackman
Patricia & Howard Stanton
Vivien & Stephen Summers

60TH WEDDING ANNIVERSARY

Shirley & Jeffery Bell
Beryl & David Cohen
Rosalind & Stanley Davis
Golda & Norman Gale
June & Julius Gould
Margot & Frederic Haas
Estelle & Alan Isaacs
Marion & Gerald Keen
Irene & Sidney Kessler
Shirley & Alan Kutner
Margot & Claude Landes
Diana & Leslie Lewis
Patricia & Gerry Phillips
Trudy & John Raphael
Myra & Sam Segan
Pamela & Martin Sethill

Tessa & Daniel Wolff

65TH WEDDING ANNIVERSARY

Ida & Norman Markham

70TH WEDDING ANNIVERSARY

Nina & Murray Cohen
Julie & Joe Swinburne

MARRIAGE

Barbara & Howard Klein
Caroline & Alexander Kossoff

ENGAGEMENT

Kate Bernstein
Libby Silver & Jonathan Wilton

SPECIAL BIRTHDAY

Sidney Aaronberg
Ian Abrahams
Michael Albert
Janet Alexander
Mel Altshuler
Dr Alan Amias
Frank Ashleigh
Bernard Barnett
Les Barnett
Alan Bearman
Peter Benedict
Jeff Bennett
Frieda Bier
Michael Blake
Sir Victor Blank
Harry Bloch
Patsy Bloom
Judy Bloombaum
David Bratt
Dr Peter Brent
Sandra Brown
Peter Burstein
Loretta Cash
Brenda Clifford
Josephine Cohen
Marie-Helene Cohen
Morris Conway
Melvin Cousin
Laurie Cousins
Pamela Curwen
Lynette Davies
Mildred Elton
Laurence Finegold
Leonard Finn
Shirley Forbes
Margaret Freedman
Susan Freiburger
Barbara Froomberg
Alan Gainsford
Maurice Geller
Alex Gerbi
Sylvia Gerlis
David Gilbert

Harold Gilbert

Greta Gitlin
Max Glasman
Barry Glazer
Jeremy Goldstein
Patricia Goodman
Ivy Gordon
Malcolm Gordon
Julius Gould
Maxwell Gower
Allen Granditer
Cynthia Green
Ronald Greenbaum
Fay Greenspan
Antony Harris
Sharon Harris
Norman Harris
Janet Hart
Alan Hemmings
Barry Henley
Ivor Jacobs
Betty Jacobs
Roselyn Jayes
Ashley Kalms
Melanie Kaye
Alan Kaye
Tania Kaye
Ruth Keene
Gerald Keen
Brian Kerner
Cyril Kirsch
Brian Landy
Allan Lane
David Lang
Charlotte Lang
Esther Leach
Jarvis Lebetkin
Helga Lemer
David Leuw
Robert Lever
Rita Lewis
Phyllis Lishak
Cynthia Lyons
Julienne Marks
Leon Marks
Kurt Marx
Michael Mordsley
Vera Morris
Dr Keith Mount
Stephen Myers
Inge Nathan
Brian Pollack
Henry Prevezer
Lionel Price
Laurence Raymond
Alison Reese
Jeffery Rose
Evelyn Rose
Gerald Rosenthal
Aubrey Ross
Shirley Rudie

Albert Sammeroff

Dr Geoffrey Samson
Jeffrey Samuels
Sheila Scott
Dr Kenneth Scott
Henry Segal
Amanda Sethill
Philip Sethill
Hilary Shaffer
Colin Shaw
Henry Shelkin
Betty Shifrin
Michael Silver
Stella Smidman
Fay Sober
Judith Susser
Jacob Synett
Peter Tobin
Benjamin Tobin
Judith Tobin
Betty Usiskin
Barbara Walters
Patricia Ward
Phyllis Wayne
Ann Wine
Tobie Wise
Ruth Wiseman
F Witzendorf
Jacqui Zinkin

BAT MITZVAH

Miss Ariella Gershon

BAR MITZVAH

Master Isaac Adni
Master Sam Gandler
Master Toby Zayontz

SECOND BAR & BAT MITZVAH'S

Valerie Bello
Ron Brown
Dr Leslie Grant
Raymond Nathan
Leonard Polins
Arnold Rose
Cyril Simmons
Arnold Woolf
The Rt Hon Lord David Young CH, PC, DL

BY WAY OF THANKS

Audrey Cass
Ivan Gross
Eleanor Lipman

50 YEARS OF ACCOUNTANCY PRACTICE

Daniel Tuchband

MAKING ALIYAH

Shelley Morris

For more information call Ruth Merrian on 020 8922 2831 or email rmerrian@jcare.org

Ask us a question

Jewish Care Direct is the charity's confidential helpline, providing emotional support and information on a wide range of health and social care enquiries, as well as all of Jewish Care's services. Here are some common questions our staff deal with



■ **The phone keeps ringing with all these different people asking questions about my 'health needs'. Can someone please explain why so many people are involved and what is their job? It is very confusing and overwhelming.**

The various people calling are known as a multi-disciplinary team, consisting of staff from different professional backgrounds who have different areas of expertise, such as an occupational therapist to provide mobility aids, a physiotherapist to assist with rehabilitation of an injury, a district nurse to provide nursing care and perhaps a social worker to assist with health and wellbeing. Hopefully, one of these professionals would act as a facilitator to explain the 'what, why and when' of their involvement.

■ **This may sound like a strange enquiry but it is of real concern to my aunt. She's 92 and lives alone with a little dog for company; it's her lifeline. But my aunt needs an operation and she's worried about what will happen. She doesn't want to put him into kennels as he is very old and she thinks it will be too much for him. And she's also worrying about what will happen if she needs to move into a care home in the future. Do you know anyone**

who can help? I'm her only relative and I live overseas.

I can appreciate how important it is for your aunt that her precious companion is looked after whilst she is in hospital. She could have a conversation with any local kennels nearby who may be able to reassure her about the care her dog may receive. There's also the Cinnamon Trust which can try and find a foster carer for her dog, who will look after him in their own home when your aunt has her temporary stay in hospital. They can also provide long-term care should your aunt ever need to move into a care home which does not accept pets. You can contact the Cinnamon Trust on 01736 757 900 (Monday-Friday, 9am-5pm).

■ **Please help me, I'm in terrible debt. I've been trying to carry on pretending that everything is fine because I am so ashamed of the mess I've got myself into. I stopped opening bills and bank statements because I was afraid to see just how bad things have become. But I've realised I can't keep running away from it, I am going to have to face it head on. I cannot tell my family or friends, who can I turn to?**

I'm sorry to hear about your situation, it sounds very stressful and worrying for you. You are certainly not alone in finding yourself in debt. Many people find that a reduction in income or an increase in bills can tip them over into a situation which feels unmanageable. You have shown great courage in asking for help and help is available. You could perhaps start by calling the National Debtline on 0808 808 4000 (the call is free) or, if you have access to the internet, you could look at the four steps to dealing with debt on their website: www.nationaldebtline.org

■ **My son has recently separated from his wife. Unfortunately, they're not getting on very well at all, always arguing. She's decided not to let us see our grandchildren and my wife is devastated. I've tried to reason with my daughter-in-law but she won't hear it. Can you please go round to see her and tell her she's got to let us see our grandchildren and that she's being unfair?**

I'm so sorry to hear that you're not able to see your grandchildren. I can appreciate how upsetting this is for all concerned. You ask if we can go and see your daughter-in-law and tell her she must let you see your grandchildren. I'm sorry but this isn't something we can do. Jewish Care can provide a wide range of services but we're not able to mediate in family disputes. There are a few organisations you may find it helpful to contact:

Grandparents Association:
0845 434 9585
(www.grandparents-association.org.uk)

Grandparents Legal Centre:
0843 289 7130
(www.grandparentslegalcentre.co.uk)

Grandparents Plus:
0300 123 7015
(www.grandparentsplus.org.uk)

HOW TO CONTACT US

The confidential helpline is open Mon to Thurs, 8.30am – 5.30pm and Friday 8.30am – 5pm (until 2pm in winter). You can call Jewish Care Direct on 020 8922 2222, visit www.jewishcare.org or email jcdirect@jcare.org



HOPE
Homes Outings Programme & Entertainment

**BOOK ONE OF OUR
EXCITING EVENTS**

Have fun and make a difference at the same time!

All profits will fund outings for residents in Jewish Care homes.

Transportation by coach included in price. All seats are reserved and paid for in advance.

For bookings and information please contact Elizabeth Israel on 020 8922 2192

All funds to go to **JEWISH CARE**

ALL ABOARD
CHARITY SHOPS

....raising money for UK Registered Jewish Charities
Collections of the following:-
Clothing
Bric-a-brac
Jewellery
Linen
Household items
can be arranged by contacting us!



NOW COLLECTING
MONDAY TO FRIDAY

020 8381 1717
collections@allaboardshops.com
www.allaboardshops.com
all aboard

Established Since
1987
All Aboard Shops Ltd
Registered Charity No 1125462

Your donations of unwanted items can help us raise more money for Jewish Care

**DROP INTO
JEWISH CARE'S
FREE TAY-SACHS
SCREENING DAY**

Jewish Care runs a number of Tay-Sachs screening days throughout the year. Testing is free and is available to anyone aged 16 and over. If you would like to find out when the next screening day is going to take place, please call **07890 611 119**.

**1 IN EVERY 25
JEWISH PEOPLE IS A CARRIER
OF THE FATAL TAY-SACHS GENE
ARE YOU?**

TAY-SACHS  **JEWISH CARE**

British Tay-Sachs Foundation Charity Reg No. 249221
The British Tay-Sachs Foundation is administered by Jewish Care at: Amélie House, Maurice and Vivienne Wohl Campus
221 Golders Green Road, London NW11 9DQ Tel: 020 8922 2000

**THERE ARE SO MANY
WAYS YOU CAN HELP
SUPPORT JEWISH CARE**

- If you **Gift Aid** your donation, the current tax system enables Jewish Care to receive an extra 25p for every pound that you donate, at no extra cost to you.
- Regular gifts help the charity to plan its work more effectively. In order to set up a **direct debit** visit: www.jewishcare.org/support_us/regular_gifts
- As long as your **payroll** department is equipped, it is possible to support Jewish Care directly from your salary or pension.
- By **gifting shares** to Jewish Care you can not only reduce your capital gains tax liability but you can also claim income tax relief on the shares.
- You could **sponsor** a Business Breakfast or a Women's Lunch – or perhaps your corporate logo could travel on the side of our care buses.
- Include a **legacy to Jewish Care** in your will.

JEWISH CARE

History is made!

HRH Prince William, Duke of Cambridge speaks at our Annual Campaign Dinner

At this year's Annual Campaign Dinner, history was made when HRH Prince William, Duke of Cambridge attended his first ever communal event, here is the speech he delivered on that very special night at Alexandra Palace.

"Ladies and Gentlemen, thank you for inviting me to join you this evening for your birthday celebrations. Nearly two hundred years ago, in 1819, there were two quite monumental births. The first was monumental for my family – the birth of my great, great, great, great grandmother, Queen Victoria, who went on to live 81 years and whose daughter-in-law, Alexandra, gave her name to this amazing building.

The second remarkable birth was of an organisation, which later became known as the Jewish Blind Society. Over the next two centuries, the world changed considerably. Yet there has always been one constant in the United Kingdom – a Jewish community which has organised itself to support those who

need help and support. Whether in the time of the Jewish Board of Guardians, or the Jewish Welfare Board or, in our generation, Jewish Care, there is a proud story to be told of self-reliance and communal responsibility.

This common thread through history – of caring for one another and generosity of time and money – is something that many sectors of British society can be rightly proud of. The results of your commitment to one another within the Jewish community are obvious – the real and loving care that thousands of elderly and vulnerable people receive, among the many works that you carry out.

Your care for one another has another, less tangible value. During a year when many in the Jewish community have had cause to feel under threat, for no reason other than simply the fact of your Jewishness, your unity is all the more precious. Your commitment and loyalty to one another, and to society more widely, is ultimately what keeps you strong. I was reminded before I came here tonight that an ancestor of mine, a previous Duke of Cambridge in fact, visited the Great Synagogue in London in 1809 and attended a Sabbath service there with his brothers. It is a matter of great pride that these bonds in our society run as deep as they run long.

Your care for one another is not just a feeling, but it is – as we are reminded tonight – a material fact. I know that Jewish Care is viewed as a leader in the social care field and uses its knowledge, expertise and experience to engage in the debate on high quality care, especially in relation to dementia. Your Holocaust Survivors' Centre is a second home for many people who were liberated 70 years ago from those evil places.

All of you, in some way, play your part in making all this happen through this outstanding organisation. Through your generosity and commitment, I am sure Jewish Care will continue to thrive and grow for the next 25 years.

Once again, congratulations on everything you have achieved. Mazel tov." **CARELINE**

Left HRH Prince William, Duke of Cambridge meets Rosetrees resident, 101 year old Dorothy Conway



JUSTIN GRAINGE



BLAKE EZRA PHOTOGRAPHY

Our valuable volunteers

Jewish Care is indebted to its dedicated volunteers who enable us to do so much. Some have been with us for many years, and here three explain why volunteering for the charity is important to them

Barbara Waterman

Barbara has volunteered at Stepney Jewish Community Centre for over 40 years. She says: "I've been volunteering since 1970 at Stepney. Because I was there from the beginning, I've been involved in all aspects, from catering to entertainment. I serve lunches and teas. I like the people, they are real characters and over the years you build up a relationship with them – they are like family. Being East End people, they are very friendly and they all know each other – there is no snobbery and because the centre is small, we get to know each other well. The members come to be with people – some of them do not have family and they don't see other people the rest of the week. They just want someone to talk to.

"I get a lot of pleasure out of it. I go there twice a week and I provide consistency for them, as they get to know about you and your family. I feel so involved and I always think about what is best for the centre."

Edna Marks

Edna has been volunteering for nearly 30 years at the Michael Sobell Jewish Community Centre. She says: "I started with presenting programmes of classical music and I still do it. People come just for an afternoon of music appreciation – they love it, they say it is like another world. My favourites are Mozart, Beethoven and Schubert. I get the satisfaction of doing something that is pleasing other people and you get thanks from members who say 'I've had a really lovely afternoon,' or 'That was a very good quiz'. It gives me a feeling that I have done something worth doing. I have made many friends over the years.

"For over 15 years I took discussion groups and I still do it if needed. I've taken quizzes for years and a reminiscence group. Until I broke my hip I served at tables in the dining room, so I've done lots of different things. The appreciation comes from members and that's what is important. The pleasure you get when you realise that people are enjoying it and come week after week to your session, you know you're doing something right!



"If I could sum up Jewish Care to me, it means "community". We are all Jews, whatever our degree of observance of the religion and there's a togetherness that we have. Jewish Care is doing a good job."

Above Barbara Waterman who has volunteered for over 40 years at Stepney Jewish Community Centre

Monty Kanter

Monty has been volunteering for over 20 years, also at the Michael Sobell Jewish Community Centre. He says: "I enjoy meeting the people and entertaining them. I take discussion and music groups. It's become a way of life for me. I don't do classical music – I play the old popular singers like Frank Sinatra and they thoroughly enjoy it. In the discussion groups we've talked about the government, the NHS and things like that. It can be quite lively!" **CARELINE**



Left Monty Kanter leading a discussion group at the Michael Sobell Jewish Community Centre

A few very special mo



1956

HM Queen Elizabeth, the Queen Mother, visits what is now the Stepney Jewish Community Centre.

JEWISH CARE

January 1990

Jewish Welfare Board and Jewish Blind Society join to form Jewish Care.



June 1998

HRH Prince Charles visits Michael Sobell Jewish Community Centre in Golders Green.

1819

Institution for the Relief of the Indigent Blind of the Jewish Persuasion (Jewish Blind Society) established.

January 1993

Holocaust Survivors' Centre opens.



1859

Jewish Board of Guardians formed, later known as the Jewish Welfare Board.

1889

The Jewish Home and Hospital for incurables opens in Tottenham.

November 1996

Launch of the Jewish Care telephone advice hotline.



1997

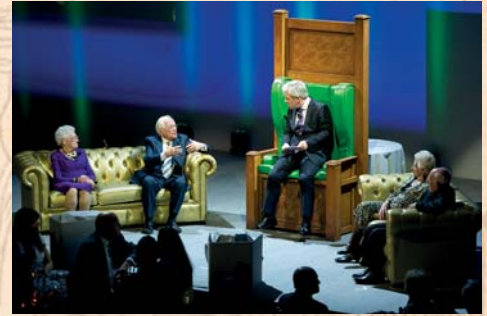
Sinclair House (later known as Redbridge JCC) joins Jewish Care officially, as a merger formalises the partnership.

moments over the years



September 2009

The Martin B. Cohen Centre for Wellbeing opens in Edgware.



June 2014

The Rt Hon John Bercow MP is special guest at the annual Campaign Dinner, in a House of Commons-style debate with Jewish Care clients.



January 2006

HRH Princess Alexandra is guest of honour at a Holocaust Survivors' Centre benefit concert.

July 2011

London Mayor Boris Johnson officially opens the Maurice and Vivienne Wohl Campus in Golders Green.



May 2001

Rosetrees care home in Friern Barnet opens.

November 2010

Sidney Corob House opens in West Hampstead.

2015

The Betty and Asher Loftus Centre in Friern Barnet is opening in autumn 2015.



May 2008

Jewish Care's central office and several services move to temporary offices in Colindale, while the new Maurice and Vivienne Wohl Campus is built following the demolition of Stuart Young House.

June 2013

First Great Jewish Bake Day is held – over 3,000 people take part.





The Great Jewish Bake Day baked up a huge success this month, as more people in the community than ever before took part in this annual event. Over 4,500 people across the community did their bit, with involvement from Synagogues, 25 schools and nurseries, bakeries, supermarkets, coffee shops and Jewish Care services.

Daniel Carmel-Brown, Director of Fundraising & Marketing commented, "It's great to see that support for the Great Jewish Bake Day is rising each year. Now in its 3rd year Bake Day has become a fixture in diaries across the community, whose summer is made complete by getting together with people of all ages to enjoy tea and cake whilst raising much needed funds to support the work of Jewish Care. We are particularly delighted this year to see the growing support from schools as well as an increase in participation from local shops and bakeries, many of whom contributed towards areas of London turning purple for the day!"



THE GREAT JEW





JEWISH BAKE DAY



Material girls

Making a wall hanging out of wedding photographs was more than a simple activity for residents of Rubens House... it became a labour of love. Joy Sable reports



Above Shirley Poluck, whose husband Gordon is a Rubens House resident

On a ground floor wall near the reception area at Rubens House is an eye-catching decoration. It is a large material wall hanging depicting photographs of residents on their wedding day. Alongside each picture are a few sentences describing the day – when it took place and what the bride wore. A visitor cannot help but stop and admire the many pictures. Fashions have changed through the decades but what is clear to see is the love coupled with hope for the future, which just oozes out of the material.

The idea to create such a stunning piece of artwork came from Sheree Charalampous, a specialist in textiles who now works at Jewish Care but once volunteered at the Sam Beckman Centre for People Living with Dementia. There, together with staff and volunteers, she helped create a “memory quilt” with members.

In a brainstorming session with Rubens House social care coordinator Christina Brago-Nimako, the possibility of a similar project was put forward. “We came up with the idea of the wedding wall hanging. All the residents were involved and they picked the material,” says Christina.

She says the response from everyone has been amazing: “The wall hanging brings back so many memories. Everybody just stops by it and looks... you just can’t walk past. It has brought back such lovely and fond memories for the residents. These photos are in their

rooms, but nobody sees them and we felt that they are really something to be proud of, so let us share them with everyone.”

Looking at the wall hanging triggers precious memories for many of the residents featured on it. They include Anita Glassman, who says: “I married in wartime. The bombs were falling and I had my ceremony and wedding reception in the same hall, because of a shortage of petrol in those days. We had a tea dance as it was wartime and there wasn’t much about. On the day, I was excited, but it was a frightening time as I was in the car and bombs were falling.

My dress was made of parachute silk because you couldn’t get material, but Dickens & Jones had some parachute material, so I bought that and a dressmaker made the dress.

After a few days I went to Scotland to be with my husband who was stationed there. They gave him a little bit of time off for the wedding. He was then sent off to Belgium and I went back down to London.”

Hilda Pressman married in March 1940 and was another war bride who appears on the wall hanging. “It was a lovely day,” she recalls. “The weather wasn’t so good the week before, but the day I married it changed and was sunny. My dress was very pretty. An aunt of mine made it for me. It was white with big flowers, netting on the top and little sequins thrown in. I was able to get the satin material from abroad.



PHOTOS: JOY SABLE UNLESS NOTED

Right Pearl Boyask by the Rubens House mural



PHIL KEWILL

"My husband was called up three days before we got married but he came home to get married and then had to go back. He was stationed in Portland, and it was unusual, as he was a soldier serving in the Navy as an interpreter – he could speak French and German.

"Looking at the wall hanging makes me feel nostalgic. I also think to myself, thank G-d I've been a very lucky person. I had a very good husband, my daughters grew up and became teachers, and I've got grandchildren and great-grandchildren."

For 107-year-old Hannah Cripps, a practical nature meant she eschewed a traditional white gown in favour of something more useful. "I wore a blue dress. I made the hat as I was a milliner. It was made of wire and lace. As I had to use coupons [because of wartime rationing] I thought I may as well have a dress that I can wear afterwards. It was a wonderful day."

Pearl Boyask married in Grove Lane Synagogue in Stamford Hill in 1940. Like most of the brides who opted for wedding dresses, she had hers made. "It was all feathers," she says. "I went to John Lewis and bought the hat." And like other brides at the time, the celebrations were far from a grand affair. The reception was in a salt beef shop in Shoreditch," she says, smiling. Now blessed with two daughters, grandchildren and great-grandchildren, the wedding day may seem a lifetime

away, but the wall hanging is there to remind everyone of happy, if difficult times.

"It's a really lovely idea," says Avril Brandon, one of Pearl's daughters. "It just brings tears to my eyes to look at all the residents – they look absolutely amazing."

The artistic creation is just one aspect of the care at Rubens House for which Avril is grateful: "Jewish Care has been my lifesaver. They look after my mum so marvellously and when I come in, she greets me with a smile – that means everything to me." **CARELINE**

Above The wedding wall hanging at Rubens House

Below Hannah Cripps points out her wedding photo in the wall hanging



Looking back, looking forward

Neil Taylor, Jewish Care's director of care and community services, looks at change in the social care world over the past 25 years

In November 1989, six weeks before the formation of Jewish Care, Marty and Doc launched themselves into the year 2015 in the box office success *Back to the Future 2*. One of the biggest challenges the film's director faced was in predicting the future. In many instances the film accurately predicted a number of technological changes, such as the rise of ubiquitous cameras, flat panel television sets mounted on walls, the ability to watch six channels at once, Internet video chat and advances in video gaming.

Doc and Marty didn't even try and predict changes in medical advances when they stepped out of their time machine in 2015. Whilst their predictions in technological changes are impressive, I doubt they, or indeed any of us, would have been able to foresee changes in population demographics, medical advances and their impact on social care need.

Back in 1989, as our communal leaders were finalising plans to bring together two already established communal organisations to form Jewish Care, they were looking to the future, predicting the need for some big changes and considering how we as a community could respond to these changes.

The same year that Jewish Care was formed, the government introduced the game-changing NHS and Community Care Act. The Act was implemented to tackle spiraling central government social care costs, passing budget responsibility over to local authorities. While initially there was probably enough money in the system, with hindsight it seems clear that the community care reforms lie at the heart of more recent funding difficulties in local authority adult social care.

Changes in the 1990s saw a big push away from the "one size fits all – take it or leave it" approach to meeting social care needs into the development of a range of services that aimed to encourage choice and independence.

As the state drew back from funding social care and people were encouraged to make their own decisions, increasing numbers of people were choosing to live at home. This has required a growth in support services to ensure those who choose to live at home can access support.

The creation of Jewish Care enabled us as a community to provide a coordinated approach to changing social care needs. Whilst much of our offering was focused on care home provision, we were already providing much-needed day and home care support.

As a forward looking organisation we have changed and evolved in response to changing needs and aspirations across the community.

Choice is very much at the heart of our work today. From care homes to day care, home care and independent living options we can choose how we want to live as we age. But we also recognise that choice comes with its own complexities. Making decisions, navigating around the health system and the social care world can be difficult, that's why we place great importance on our helpline and social work teams. Not only can we at Jewish Care provide a range of services, we also provide advice and support that doesn't seem to be on offer elsewhere.

Below Keeping a strong connection to Judaism is very important to many residents in our care homes



Over the last decade local authority funding has faced more severe cuts than many could have predicted. The biggest casualty of these cuts is social care. The state is withdrawing from provision at an alarming rate. People are being encouraged to remain in their home with little support and increasingly complex needs. With cuts across the board, an ageing community, increasingly complex needs, a dramatic reduction in government funding and a system that for many is impossible to navigate, Jewish Care's role is evidently increasingly important. Being old and Jewish does have its major advantages when it comes to support and social care.

Recognising that social care is a communal responsibility and a means by which to strengthen our community – for example through the mobilisation of thousands of volunteers – the foresight and innovation that has enabled the organisation to respond to the changing needs of the people we support over the last twenty five years will continue to be required. Whilst none of us can predict the future, we will continue to work hard to ensure that we are one step ahead of the game.

In these times of austerity the Jewish



community can be proud of the way it supports Jewish Care and because of this support we are a model of social care and one of the few social care providers which is growing and not closing much-needed services. **CARELINE**

Above Home care is just one of Jewish Care's vital services for the community

"It may not be the Troxy, but you've still got to keep your standards up."
Jack, 98



Jack is 98. He may live on his own, but we ensure he is never lonely. Three days a week, we bring him along to one of our Jewish community centres. "Tuesdays are my favourites. I love to dance – even after a three-course kosher lunch." Our community centres are a lifeline for hundreds of people like Jack. But we depend on donations, and we rely on Gifts in Wills for £1 out of every £4 of the funds we need to raise.



**PLEASE
REMEMBER
JEWISH CARE
WITH A GIFT
IN YOUR WILL**

To find out more about including a gift in your Will to Jewish Care in complete confidence, please call Alison Rubenstein on 020 8922 2833 or email arubenstein@jcare.org

WHAT KEEPS JACK ON HIS TOES EVERY TUESDAY AFTERNOON?

jewishcare.org/legacy

REMEMBER **JEWISH CARE**

Making a difference to our community

Leaving a legacy to Jewish Care may be one of the most important things you will ever do

Legacies can make a real difference to the lives of many of the people Jewish Care supports. Whether a legacy is large or small, its impact may be huge to some of the most vulnerable members of our community.

Take, for instance, the story of Anthony, a member of the Association of Jewish Ex-Servicemen and Women. Jewish Care was able to benefit through a gift in his will and purchased a number of special reclining chairs for residents at Hyman Fine House in Brighton. These chairs cost nearly £2,000 each, but were desperately needed, as they gave support to the very frail residents. Previously in wheelchairs or less appropriate chairs, the residents are now able to sit in comfort, be

more mobile and are at less risk of falling out of a chair. Without Anthony's generous legacy, the purchase of these chairs just would not have been possible as there was no money available to buy them.

At Southend and Westcliff Jewish Community Centre, a similar legacy enabled a major refurbishment to take place. Now brighter, more cheery and welcoming, the centre is truly the heart of Jewish life in Southend. "Members of the community now look upon their centre with a sense of pride, worth and belonging," says Hilary De Martino, the centre's manager. "Gifts in wills can make a real difference."

Below The refurbished area in the Southend & Westcliff Jewish Community Centre and (inset) before the refurbishment



Your legacy, whether large or small, can mean so much to so many people

Refurbishment was also on the cards at Rubens House in Finchley, where a similar gift in a will meant that four bedrooms could have a substantial makeover last summer. This included the installation of en-suite bathrooms, making personal care a lot easier for the residents in these rooms.

The smallest gesture can make the biggest difference and your legacy, whether large or small, can mean so much to so many people.

CARELINE

FIND OUT MORE

Every legacy, of any size, is important. If you would like more information about how to include a gift to Jewish Care in your will, please call Alison Rubenstein in confidence on 020 8922 2833 or write to the Legacy

Department, Jewish Care, Amélie House, Maurice and Vivienne Wohl Campus, 221 Golders Green Road, London NW11 9DQ or email arubenstein@jcare.org



WHAT'S ON AT JEWISH CARE – A ROUND-UP OF EVENTS

August

Monday 3

Friends of Rubens House
Carnival Tea and Raffle (Com)

Tuesday 4

Frogmore House, includes cream tea
(H.O.P.E)

Monday 10

10th Challenge Committee sponsored
walk: The Hidden Gems of Kensington
(Com)

Thursday 27

Mack & Mabel
at Chichester Festival Theatre (H.O.P.E)

September

TBC

Inspiring Excellence (Fun)

Wednesday 9

Sinatra – The Man and His Music
at the London Palladium (H.O.P.E)

Sunday 13

Run to the Beat
10km at Wembley Stadium (Fun)

Monday 21

Pro Am Golf Day at The Grove (Fun)

October

Wednesday 7

Pure Imagination
at the St. James Theatre (H.O.P.E)

Friday 9 – Sunday 11

Young Jewish Care Poland trip (Com)

Tuesday 13

Afternoon Tea Extravaganza at the
Runnymede Hotel (H.O.P.E)

TBC

Women of Distinction (Fun)

Saturday 31

YJC Rock – Spooktacular Party (Fun)

November

Monday 2

HSC Dinner at the Grosvenor House
hotel (Fun)

Monday 2

Shoes: Pleasure and Pain at the
Victoria & Albert Museum (H.O.P.E)

Wednesday 4

Topland Business Luncheon at the
Grosvenor House hotel (Fun)

Sunday 15

Friends of Lady Sarah Cohen House
annual supper quiz (Com)

Wednesday 18

Local Angels Luncheon at the
Waltham Abbey Marriott Hotel (Fun)

Sunday 22

Friends of Rosetrees
annual bridge supper (Com)

Tuesday 24

Bridge Extravaganza
at The Landmark Hotel (Fun)

Thursday 26

YJC Property Dinner (Fun)

December

Monday 7

Redbridge Sports Committee Breakfast
at the Prince Regent Hotel (Fun)

Tuesday 8

Business Group Breakfast with Stuart
Gulliver at the Mansion House (Fun)

EVENT KEY AND CONTACT GUIDE

Com	Committee event – call Angela Jayson (020 8922 2804) or email ajayson@jcare.org
Fun	Fundraising event – call Ruth Merrian (020 8922 2831) or email rmerrian@jcare.org
H.O.P.E.	H.O.P.E. event – call the hotline (020 8922 2192)
RJCC	Redbridge Jewish Community Centre event – call 020 8551 0017 or email redbridgejcc@jcare.org
MSJCC	Michael Sobell Jewish Community Centre – call 020 8922 2900 or email sobell@jcare.org

DATA PROTECTION STATEMENT

This statement tells you about the data processing practices of Jewish Care. If you have any queries regarding the personal information we hold or our data processing practices, please address these to Daniel Carmel-Brown, director of fundraising and marketing, Jewish Care.

We collect personal information about you every time you communicate with us. We process the information collected for the following purposes: • Fundraising • Pursuing the objectives of our charity • Administering our membership • Administering promotional campaigns • Providing care and services for our community

All information we collect is held in strictest confidence.

We would like to keep you informed about our fundraising activities, products and services. Please tick the relevant boxes if you would prefer not to receive information on: Fundraising appeals Careline magazine Events

Please tick this box if you do not wish to receive information about our fundraising activities or our products or services by post . Please tick this box if you do not wish to receive information about our fundraising activities or our products or services by telephone .

Name:
Address:

Tel:
Email:

Return to: Fundraising and Marketing Department, Jewish Care, Amélie House,
Maurice and Vivienne Wohl Campus, 221 Golders Green Road, London NW11 9DQ

Striking a chord

How Jewish Care hit all the right notes with its first Sing Off



ALL PHOTOS: JUSTIN GRAINGER

Above A selection of images from the Sing Off

It was an amazing afternoon: 150 Jewish Care clients, volunteers and staff celebrated Tu Bishvat in February with the first Jewish Care Sing Off. Eight choirs were in fine voice after travelling to Redbridge Jewish Community Centre to sing songs linked with nature to connect with the festival's theme.

The overall winners of the competition were The Rubettes from Rubens House in Finchley, and they also won an award for being The Most Smiley Choir. The average age of the residents in the choir was 89! They brought the house down with a fabulous performance of "What a Wonderful World" by Louis Armstrong.

The oldest member of The Rubettes, resident Kitty Hammond, 94, said: "Everything about the day was wonderful and winning the competition really boosted my morale. I've always loved music and musicals very much."

Participants and guests enjoyed a deli lunch, complete with traditional fruit platters

to celebrate the festival. Each participant was awarded with a certificate over tea and cake at the end and recognition was given for choreography, dress and performance.

Chief executive Simon Morris said: "I had a fantastic day, a reminder of how privileged I am to be leading this organisation and an honour to judge the first Jewish Care Sing Off. Events like this are a great opportunity for the Jewish Care 'family' to get together to have fun whilst celebrating our Jewish culture in a relevant and innovative way." **CARELINE**



A monumental moment?

Jewish Care's chief executive Simon Morris shares his views

Every year has its monumental moments. 1990 saw Nelson Mandela walking free having served 27 years in prison, Margaret Thatcher resigned after 11 years as Prime Minister, Germany was reunified and Jewish Care was formed.

25 years on, it's not for me to say which of these significant events has had the greatest impact on world affairs or the lives of individuals, but I do feel confident in saying that Jewish Care has made a significant contribution to both the UK Jewish and wider social care community.

Jewish Care was formed following the amalgamation of two established communal charities; the Jewish Welfare Board and the Jewish Blind Society. Both parent organisations have a long and prominent history providing much-needed social care services to the community for over 150 years.

We have always been a community that has organised itself to ensure we are ahead of the game, planning for the future, thinking about our resources and needs. 25 years ago a group of communal leaders did exactly this, putting aside their personal positions and differences and making a bold decision based on the needs of the community.

At the forefront of our development has been the challenge of developing quality services that are sustainable, both now and in the future. Our quest to work in partnership with others to both ensure quality services and reduce replication across the community has continued.

In the early days of Jewish Care, we joined forces with no less than seven organisations in seven years. At times this was challenging for all involved but on reflection, these mergers have helped shape the services we provide and ensured security for the smaller providers we partnered with.

We recently developed a new type of partnership to ensure we were best serving the community. A few years ago JAMI and Jewish Care were competing to provide services for those living with mental health needs. We acknowledged this was nonsensical and embarked on developing a formal partnership designed to reduce the duplication of this work whilst also creating a single community strategy to meet the growing needs of mental



health services. Partnership is the key to Jewish Care's success.

Jewish Care would not be here today without the partnership it has with its 3000 volunteers and countless supporters. The community is responsible for developing, leading and shaping its social care charity. Some 25 years since its inception, and the relationship between Jewish Care and the community is deep-rooted and symbiotic, with an understanding

Every one of our supporters makes us the organisation we are today

that we both need each other. At different stages in their lives, members from across the community turn to Jewish Care for support. In return, Jewish Care relies on the community to support its services. Its work wouldn't be possible without its volunteers and the partnership they have with professional staff, and of course its donors. Each and every one of our supporters is what makes us the organisation we are today.

As I reflect on 25 years of Jewish Care I can't help but be proud to be at the helm of this wonderful organisation. It is one that our ancestors laid the foundations for 150 years ago and we, working in partnership across the community, have successfully evolved to meet the needs of our changing community.

1990, the creation of Jewish Care – monumental? On reflection, yes I think so! **CARELINE**

Remember what we do

A guide to our services and the many different ways we can support, guide or help you



COMMUNITY SUPPORT AND SOCIAL WORK SERVICE

A qualified and experienced team who support individuals, families and communities to enable people to make a meaningful difference to their lives, with dignity and choice.

With extensive knowledge of the health, voluntary and social care world they provide advice, support and advocacy across London and the South East.



KEITH GOLD

CARE HOMES

Designed to enable residents to receive high quality residential, nursing and dementia care in an environment that promotes meaningful lives.

- Clore Manor, Hendon.
Personal & dementia care
- The Kun Mor and George Kiss Home, Friern Barnet.
Personal & dementia care
- Hyman Fine House, Brighton.
Personal, dementia & nursing care
- Lady Sarah Cohen House, Friern Barnet.
Dementia & nursing care
- Otto Schiff, Golders Green.
Dementia & nursing care
- The Princess Alexandra Home, Stanmore.
Personal & nursing care
- Rela Goldhill at Otto Schiff, Golders Green.
Physically disabled, aged 18+
- Rosetrees, Friern Barnet.
Personal & dementia care
- Rubens House, North Finchley.
Personal & dementia care
- Vi & John Rubens House, Ilford.
Personal, dementia & nursing care



SIDNEY AUSTIN



JOY SABLE

CONNECT@ CENTRES

Offering a choice of cultural, social and leisure pursuits, for the young@heart aged 55+.

- connect@kenton ①
- connect@southgate ②
- connect@southend ⑤



INDEPENDENT LIVING

Offering independent living within a supportive setting.

- Selig Court, Golders Green
- Shebson Lodge, Southend

COMMUNITY CENTRES

Where the community can come together to socialise, learn, eat and have fun.

- Brenner Jewish Community Centre at Raine House, Stamford Hill
- Michael Sobell Jewish Community Centre, Golders Green
- Redbridge Jewish Community Centre (Sinclair House)
- Southend and Westcliff Jewish Community Centre
- Stepney Jewish Community Centre

DAY CENTRES

Offering a wide programme of activities for older people, enabling them to remain active and connected to their community.

- Edgware & Harrow Jewish Day Centre ③

CENTRES FOR PEOPLE LIVING WITH DEMENTIA

Provides stimulation and therapeutic activities in a safe and fun environment.

- The Dennis Centre, Ilford
- Leonard Sainer Centre, Edgware
- Sam Beckman Centre, Hendon

HOME CARE SERVICE

Enables clients to remain living independently in their own homes.

AVAILABLE IN:

- NE London
- NW London
- Redbridge
- Southend & Westcliff

DEMENTIA ACTIVITY GROUPS

- Stamford Hill
- Southend-on-Sea
- Stepney

All our services can be accessed by calling **Jewish Care Direct**, our confidential helpline that will give you information and advice about all of Jewish Care's services. It is staffed by experienced and knowledgeable professionals, so whatever you need to find out, your call will be treated in a warm and sympathetic manner. If we are not able to offer a Jewish Care service that meets your needs, we can help by referring you to other external organisations.

Its opening hours are: Monday to Thursday 8.30am – 5.30pm and Friday 8.30am – 5pm (until 2pm in winter). You can contact Jewish Care Direct by calling **020 8922 2222**, visiting us at **www.jewishcare.org** or emailing us at **helpline@jcare.org**

HOLOCAUST SURVIVORS AND REFUGEE SERVICES

The Holocaust Survivors' Centre is a place for survivors to meet, with specially designed activities. Shalvata provides for the therapeutic needs of survivors and their families.

- Holocaust Survivors' Centre, Hendon ④
- Shalvata, Hendon ④
- Monthly support sessions, Redbridge

DISABILITY SERVICES

Services designed for those with various disabilities, promoting independence and choice.

- Karten CTEC Centre
Golders Green & Redbridge
- KC Shasha Centre for
Talking News & Books
- Tay Sachs Screenings
- Carers Disability Support Group
- Hearing aid support surgeries,
Redbridge ⑥

SUPPORT AND SOCIAL GROUPS

BEREAVEMENT GROUPS

- Aftershock, Edgware ⑦
- Butterflies, Golders Green ⑦
- Moving On, Redbridge
- Minus One, Golders Green

SOCIAL

- care4cafe, Golders Green
A mutually supportive group for people under the age of 70 living with dementia and their carers.
- New Links, Golders Green
For singles aged 60+
- The Hillside Club, Stamford Hill
Cultural and social group for the over 50s
- Young@Herts, Hertfordshire
Social group for the over 55s

SUPPORT

- Singular Challenge 1 + 2, Golders Green
Singular Challenge 1 is a support group for those going through the early stages of separation and divorce. Group 2 is for those moving on from group 1.

- Stroke Club, East Barnet
- Active 8, Golders Green
Support, skills and understanding for people with neurological conditions (including Parkinson's, stroke, MS and MND)
- Multiple sclerosis support groups, Edgware
- Barnet Carers Hub, Golders Green

SUPPORTIVE COMMUNITIES

Informal social tea parties held in volunteers' homes to help build friendships, a stronger community and prevent social isolation among older adults.

MENTAL HEALTH RESIDENTIAL HOMES

Offering independent living within a supportive environment for people with long term mental health needs.

- Jack Gardner House, Golders Green
- Sidney Corob House, West Hampstead

MENTAL HEALTH

JAMI and Jewish Care have formed a partnership to create a single integrated mental health service for the Jewish community. Each Centre for Wellbeing provides individual support using therapeutic, social and cultural activities enabling people to maintain their independence and enhance their wellbeing.

Jami, Olympia House, London

ACTIVITIES AND COURSES INCLUDE:

- Healthy living
- Personal development
- Life coaching
- Social networking
- Education and prospects

LOCATED AT:

- Jami House, Golders Green
Covering North West and Central London
- Martin B Cohen Centre for Wellbeing
Edgware
Covering North West London and Hertfordshire
- Mitkadem Centre for Wellbeing
Redbridge
Covering North East London and Essex

- Kadimah Centre for Wellbeing
Stamford Hill
Covering East and North East London and South London
- ① in association with Kenton United Synagogue
- ② in association with Southgate Progressive Synagogue
- ③ in association with the League of Jewish Women and Edgware & District Reform Synagogue
- ④ with the support of World Jewish Relief
- ⑤ in association with Southend & Westcliff Hebrew Congregation
- ⑥ In association with RNID
- ⑦ In association with the Jewish Bereavement Counselling Service



KEITH GOLD

Out of the Ordinary™



Bank on our support

Investec is driven by a profound commitment to our culture and values. We recognise the need for a meaningful social purpose that considers the societies in which we operate.

Our support of Jewish Care reflects our shared spirit and responsibility for caring for others.

For more information:

Please call Douglas Krikler on **020 7597 3968**
or email doug.krikler@investec.co.uk
or visit investec.co.uk



Bank Accounts | Foreign Exchange | Savings | Mortgages & Lending | Property Finance | Offshore Banking | Wealth & Investment

Investec Bank plc (Reg. no. 489604) is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. It is a member of the London Stock Exchange. Registered at 2 Gresham Street, London, EC2V 7QP.