

Annual Review  
2017/18



**JEWISH CARE**

## Who we are

Jewish Care is the largest health and social care charity serving the UK Jewish community in London and the South East. Every single week we touch the lives of over 10,000 people through our vital services.

## Our vision and mission

Jewish Care's vision is of a society where people support and care about one another and are able to participate fully in their community. Our mission is to enable Jewish people to do this, by delivering care and support that recognises and promotes Jewish values.

That's why we provide care in a way that celebrates the religious, cultural, social and historical bonds that unite the Jewish people. Respect for our clients' Jewish identity – regardless of the level or nature of their religious observance – is at the heart of all that we do. We offer help, advice and advocacy through a wide range of residential, day care and outreach services. These include care homes, community centres and care at home, as well as social work, support groups and a helpline.

We provide specialist services for older people, people with mental health needs, individuals with physical and sensory disabilities, Holocaust survivors, people who are living with dementia and for those who are caring for others.

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## Our values

Everything we do is underpinned by the following values:

**EXCELLENCE**  
**ENABLING**  
**CREATIVE**  
**INCLUSIVE**  
**INTEGRITY**

## Our objectives



## A message from our President, Chairman and CEO

It has been another positive year for Jewish Care, albeit in a period of continued challenge and, for Jewish Care, some significant change. Simon Morris announced he would be stepping down from the role of CEO in December 2017 and Daniel Carmel-Brown was appointed as his replacement. In the world of social care, change is constant and brings opportunity with it too. We have seen regulation across every area of our work become more challenging and, of note this year, was the work we undertook to prepare for the General Data Protection Regulation (GDPR).

The state of funding for social care remains a key feature of public discourse, and, as always, costs continue to rise. Jewish Care has played an active role in discussions with both central and local government, seeking to ensure funding for care services is addressed as policy develops.

Everything we do continues to be underpinned by Jewish values and ethics and we continue to provide much-needed support to many thousands of people and their families. We are all, in the main, living longer. We all age in our own way and our needs are all different. That is why here at Jewish Care we continue to increase our range of services to meet the individual needs of everyone in the Jewish community.

We have progressed well with the development of our new Sandringham care and community campus to meet the growing needs of the local community in Hertfordshire and its surrounding areas. In addition, we have made significant progress with the construction of our new Independent Living scheme, Wohl Court in Hendon. Other significant developments include Brenner Community Centre, at Raine House relocating to Stepney Jewish Community Centre to create a thriving service for those that need it most. We have also continued to focus our



attention on recruiting staff to help us meet the national challenge that we and so many other care providers face when it comes to recruiting great front-line staff. This year we have created an award-winning recruitment website to attract the best in front-line staff.

Overall, the organisation is in an extremely strong position, with many more compliments, fewer complaints and the number of people using our services increasing.

All of these developments and the impact we've made, which you will read about in this annual review along with our aspirations for the year ahead, would simply not be possible without the generosity of our loyal supporters. They are all here for Jewish Care just as we are here for them, should they ever need us. In addition, we owe an enormous debt of gratitude to the thousands of wonderful volunteers who continue to support our fantastic workforce from 66 different nations – all here to serve one community – our community.

Steven Lewis  
Chairman

Daniel Carmel-Brown  
Chief Executive

The Lord Levy  
President

# Promoting Wellbeing

## What we achieved:

▲ We procured and began implementing a digital care planning tool called 'Nourish' across half of our care homes. This allowed our care staff to begin digitally recording the care and support needs of our residents in our care homes. It has also allowed us to build an accurate picture of how the day unfolds for our residents, this in turn allows us to be more sophisticated in planning the most personalised care possible for our residents with their relatives actively involved too.

▲ We strengthened our partnerships with North London Hospice and Macmillan to enable us to provide much-needed end-of-life support to individuals and their families across the community.

▲ We have made significant progress with the first phase of the development of Sandringham, our new care and community campus on the site of The Princess Alexandra Home. In Hendon our Independent Living Scheme, Wohl Court, now has windows, frames and bathrooms in place. There has been significant interest in both developments from across the community.

## Future aims:

▲ We will open our new care home, Anita Dorfman House, at Sandringham along with our adjacent Wolfson Assisted Living studios. Residents from The Princess Alexandra Home will be the first to move into the new home in early 2019. We hope to ensure full occupancy of both the home and the assisted living studios soon after their opening.

▲ We will ensure full occupancy of Wohl Court, our new 32 Independent Living apartments in Hendon that will enable members of our community to live independently for as long as they can.

▲ We will improve our services by adopting appropriate digital technology. By the end of the year we will have electronic care plans in all of our care homes and the home care operational delivery will be fully automated on our new rostering system.



We continually seek to improve the **wellbeing** of our clients, staff and volunteers so they can **live life to the full.**



## Tony's Story

*Tony is 89 years old. He lives on his own in Mile End where he has lived his entire life. Tony met Amelia in the East End. She was his best friend, they did everything together. But Amelia fell ill just a couple of years ago and passed away. Life wasn't the same again for Tony, he felt lonely and isolated.*

*But he wasn't alone. Jewish Care's care bus picks Tony up every single day and drops him home again at the end of the day. It means so much to Tony to be around friends, and enjoy a hot, Kosher lunch every day. The centre is Tony's second home and people there are like family to him. Without it he would be lost, "I can't bring Amelia back, but when I am at the club I feel like she is still here beside me. It's my happy place."*

# Singing for Memory



*Singing for Memory is a singing session providing a friendly and stimulating social environment, bringing together people who are living with conditions that affect memory and their carers.*

*It's not only an enjoyable activity; it provides a way for people to express themselves and socialise with others in a fun and supportive group. The engaging activities build on preserved memory for song and music in the brain.*

*Jan and her father Monty, who is living with dementia, attend Singing for Memory once a week. Jan says, "it's almost magical – he knows all the words, and he recognises friends from the group he sees each week."*



**2,565 people** were **supported** by the Community Support and Social Work team over the past **12 months**



Our buses **travelled over 50,000 miles** to get our clients to and from **our community centres**

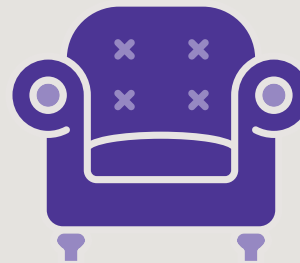


Our **helpline** received **15,000 enquiries** in the past 12 months

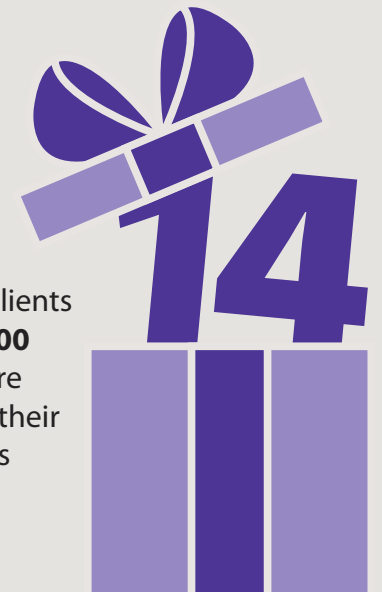
# Our impact



**874 residents** were cared for across our **11 registered care homes**



**1,000 people in our community** rely on our community centres. **Over 90%** of them live on their own



**14 Jewish Care clients** in our care are **100 years old** or more and **celebrated** their birthdays with us

# Strengthening Community

## What we achieved:

▲ We have created an East London hub at the Brenner Centre at Stepney Jewish Community Centre, at Raine House. Following the closure of the Brenner Centre in Stamford Hill, we have invested in weekend and evening openings and an increased outreach programme resulting in increased usage by the older East End community and greater efficiencies.

▲ We continued to develop our partnership with World Jewish Relief providing specialist dementia training, conferences and mentoring for the Jewish community in Moldova, Belarus and Ukraine. Over our two visits, 350 people received training, support and mentoring in 'Living with Dementia' and 'Being Dementia Friendly' in their approach.

▲ Last year we invested in providing specialist training to over 400 of our amazing volunteers assisting them to continue to provide the excellent support they give to our clients, relatives and staff team. We couldn't do what we do without them.

## Future aims:

▲ We will engage with our community to seek their views on ageing well and how Jewish Care can support them now and in the future. By 2019 we will have spoken in depth with the communities in North-West London, Redbridge, Herts and Southend to help us plan for the future.

▲ We will increase our outreach programmes including tea parties, Memory Matters cafés and conversation cafés, to help people build sustainable, local relationships and support networks for our community.

▲ We will increase our partnership work with local synagogues, supporting them to build capacity, so they can provide help for their members.



We aim to **strengthen** the **Jewish community** through all of our work by increasing **connection** and collaboration.



# Chaps that Chat



*Chaps that Chat is a support group for older men to socialise through fun and stimulating activities. The weekly groups prevent isolation amongst gentleman living on their own and provide the opportunity to meet people with similar interests and backgrounds.*

*Jerry, 87, widower and member of the group, says, "it's made me realise I enjoy associating with like-minded people and talking about the past, politics and the future. I come home feeling fulfilled and stimulated. I really have made a bond with new friends from the group, it's been a lifeline for me."*

## The Great Jewish Bake Day

*Thousands of people across the community from the age of 1-100 years old took part in Jewish Care's biggest Great Jewish Bake Day.*

*Children from 30 toddler groups, nurseries, schools, Brownies and Cubs held bake sales or visited older people in Jewish Care's homes and community centres to decorate and enjoy countless cupcakes together.*

*Money raised helped to fund Jewish Care buses that take older people, who would otherwise be isolated, to and from their homes to community and day centres.*



Our **workforce** of over **1,300 staff** represents **66 different** nationalities



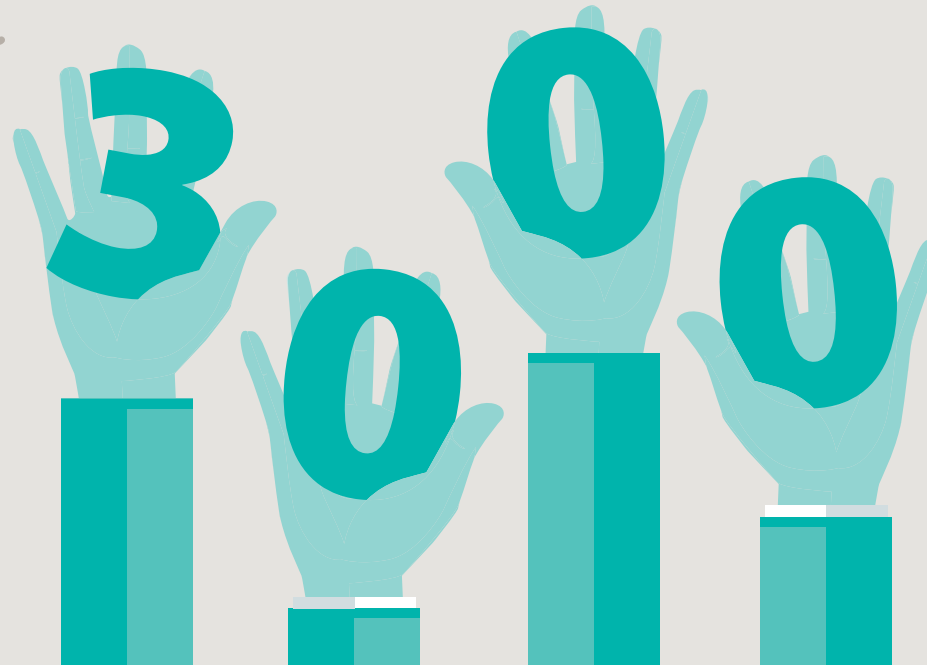
**129,015** visits were made to our **community and day centres** in the past 12 months



# Our impact

Jewish Care's oldest volunteer is **94 years old** and our youngest is just **four years old**

Our community centre in **Stepney** is the **only remaining Jewish service in the East End**



We have an amazing team of over **3,000 volunteers**

# Enhancing Value

## What we achieved:

- ▲ We launched our new online recruitment site 'doyouwish.org' and a new applicant tracking system. This has helped us significantly reduce the number of vacancies across our services. In addition, we have been awarded two Employer Brand Management Awards for Innovation and Best Not-for-Profit organisation.
- ▲ We carried out an extensive audit of all our organisational data processes and procedures with independent data consultants, which has resulted in a comprehensive implementation plan. This will not only meet Data Protection and GDPR regulations but will also ensure the safer protection of all our clients', supporters' and volunteers' data.
- ▲ We advised the Department of Health and Social Care about its digital strategy.

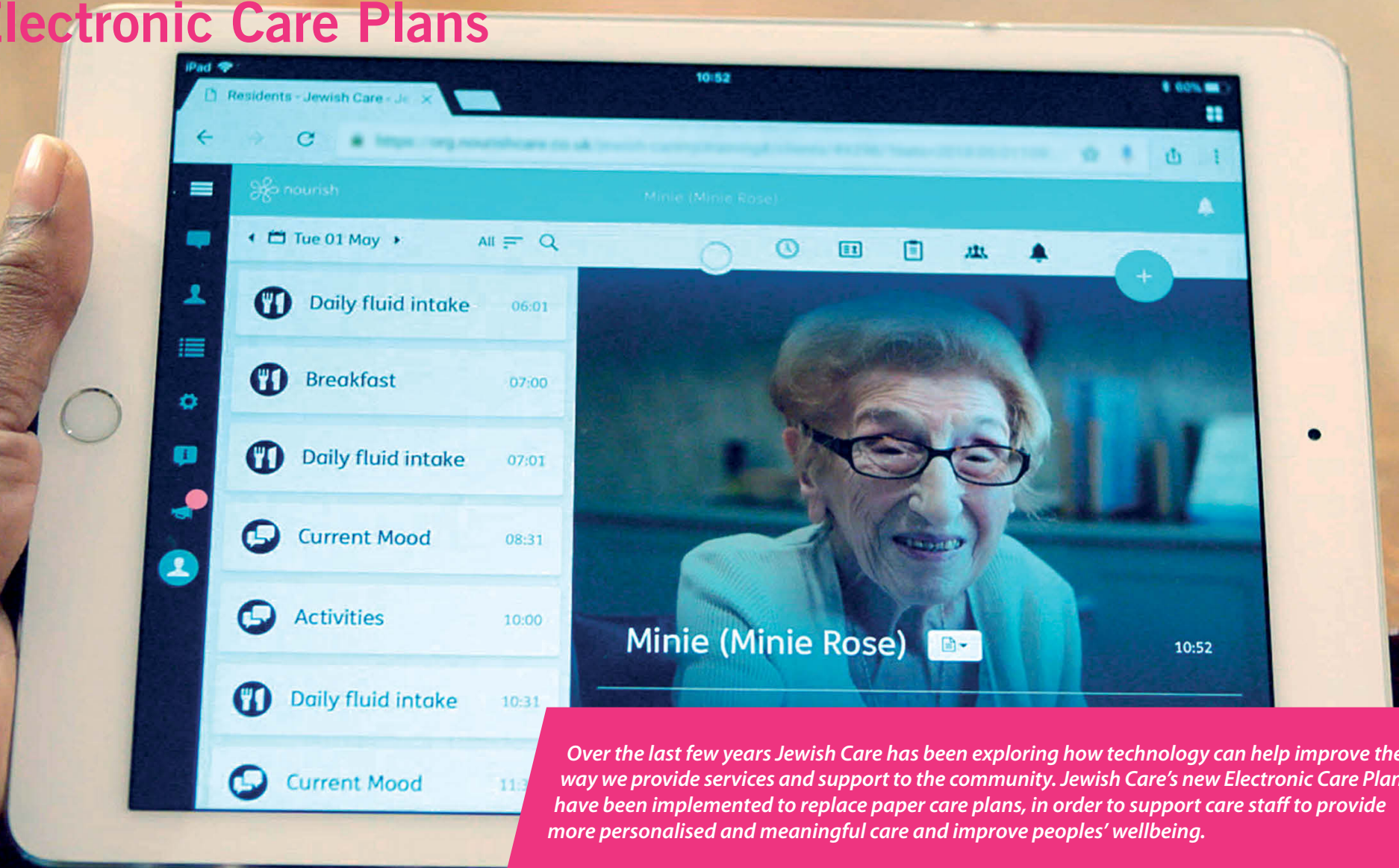
## Future aims:

- ▲ We will continue to prioritise reducing our staff vacancies in our care homes and home care services by focusing on ongoing recruitment campaigns. We will continue to invest in the development of our current workforce. Our people are at the heart of all we do, enabling us to continue to offer excellent care.
- ▲ We will implement new data procedures and processes to further secure the use of personal information and to inform all of our clients, relatives, supporters and volunteers of a revised privacy notice in line with the latest Data Protection and GDPR regulations.
- ▲ We will recruit and develop a new senior Directorate leadership team following the appointment of the new CEO.



We **look for ways** to keep improving the **effectiveness** of our donors' money and all our **resources**.

# Electronic Care Plans



*Over the last few years Jewish Care has been exploring how technology can help improve the way we provide services and support to the community. Jewish Care's new Electronic Care Plans have been implemented to replace paper care plans, in order to support care staff to provide more personalised and meaningful care and improve peoples' wellbeing.*

*The hand-held system enables front-line care staff to retrieve and recall information about every resident's care, support and assistance at the point of care, as well as record all interactions as they are being delivered. This will ensure we improve efficiencies across our carer teams.*

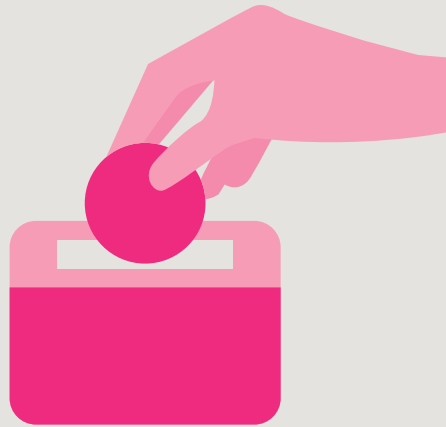
## Participatory Arts



*Jewish Care's Participatory Arts Programme aims to boost residents' quality of life by increasing self-esteem, sense of self, memory and interaction with others. We work in partnership with arts organisations and have co-developed bespoke initiatives and projects within our care homes. One example of an activity within the Arts Programme is the The Playlist Project in partnership with Output Arts. It gives residents the opportunity to create individualised playlists of their favourite music.*

*The activities focus on the residents' strengths, not any illness or disability they may be living with. It's about breaking away from the way things are usually done by using new approaches too. Residents are often surprised about what they have achieved.*

Our **Helpline, Family Carers** and our **Social Work Teams** continue to be entirely funded by the kind generosity of our community



**93p from every £1** we raise provides care and support

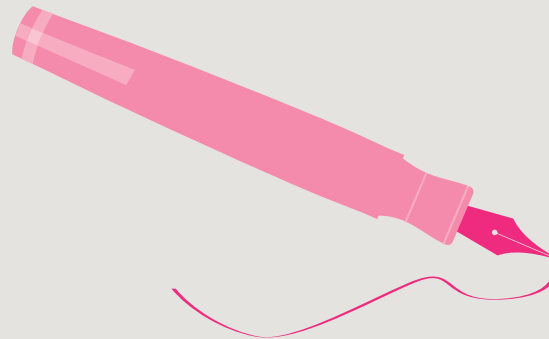
**122,836**

Our website had **122,836 visits** in the last 12 months



# Our impact

Jewish Care need to **raise over £15m** each year from the community just to **ensure** current services can **continue to run**



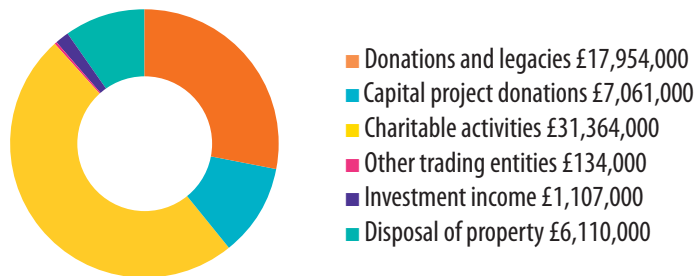
**£1 in every £4** we raise comes from a **Gift in a Will**

Last year our **Home Care** team provided **56,833 hours** of care to people in their own homes



# Financial report

for the year ended 31 March 2018



## Our Bottom Line

Total charitable activities income for the Group before donations and other income was £31.4m (2016/17 £31.9m) and total charitable expenditure before depreciation and asset write-offs was £47.5m (2016/17 £46.5m) resulting in a net operating loss before donations and other income of £16.1m (2016/17 net loss of £14.6m).

Voluntary revenue donations were on a par with the prior year at £11.9m (2016/17 £11.7m) representing a sustained level of income in light of a more challenging environment.

Legacy income was down 14% on the prior year at £6.1m (2016/17 £7.1m). The volatility of this income stream year on year is supported by a legacy strategy to increase pledges and also to generate an internal awareness of the importance and impact of gifts in wills to Jewish Care's work, through the annual Legacy Awareness Week.

Capital project donations for our capital construction projects increased by 65% to £7.1m (2016/17 £4.3m). Capital donations received during the year were £5.7m towards the development of the Sandringham site at Stanmore with construction commencing in June 2017 (2016/17 £2.5m), as well as £1.4m for the Betty and Asher Loftus Centre completed in 2016.

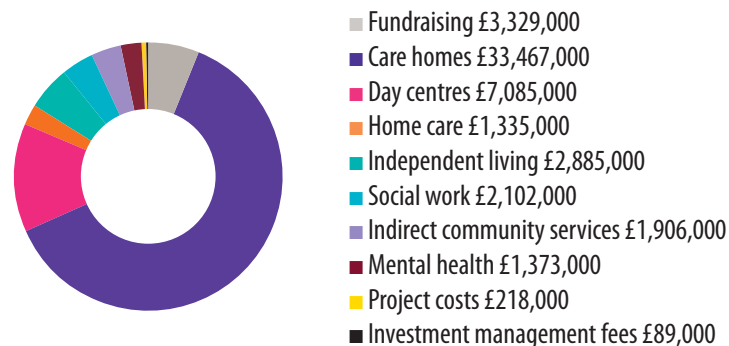
## Our Expenditure

Overall expenditure on charitable activities (including depreciation of £2.9m) for our Care Homes, Day Centres, Home Care, Independent Living and Mental Health resources was £50.4m (2016/17 £49.3m).

Charitable expenditure in our Care Homes was £33.5m (2016/17 £32.5m). The majority of the increases are linked directly to staffing costs with the national living wage impact (NLW) and Jewish Care's decision to pay above the NLW as at April 2017, the decision to harmonise pay rates for particular roles in care delivery to support recruitment and retention, additional recruitment costs across all services and agency usage with the increasing requirement for one-to-one care for our residents, all of which reflect sector-wide recruitment challenges. Upgrade works on our estate continue in line with our building condition review survey.

Charitable expenditure in our Day Centres was £7.1m (2016/17 £7.6m). 2017/18 saw the closure of the Brenner Centre in Stamford Hill because of a decline in demand and a re-provisioning of the services from a communal hub at our Day Centre in Stepney.

Charitable expenditure in our Independent Living service was £2.9m (2016/17 £2.7m).





## Further analysis of the Group Charitable Activities (Operations) is as set out below:

	Year ended 31 Mar 2018 £'000	Year ended 31 Mar 2017 £'000
<b>Charitable income and expenditure</b>		
Charitable activities income <sup>1</sup>	31,364	31,906
Charitable expenditure before depreciation <sup>2</sup>	(47,452)	(46,458)
<b>Operating charitable loss before donations</b>	<b>(16,088)</b>	<b>(14,552)</b>
<b>Other operational expenditure</b>		
Fundraising	(3,329)	(3,231)
Investment fees	(89)	(267)
Depreciation	(2,919)	(2,894)
<b>Total other operational expenditure</b>	<b>(6,337)</b>	<b>(6,392)</b>
<b>Net operating loss before donations and other income</b>	<b>(22,425)</b>	<b>(20,944)</b>
<b>Income from donations and investments</b>		
Donations and legacies (excluding capital project donations)	17,954	18,747
Other trading entities	134	129
Investments income	1,107	1,022
<b>Total income from donations and investments</b>	<b>19,195</b>	<b>19,898</b>
Asset write-offs and other expenditure	(2,022)	-
<b>Net operating loss</b>	<b>(5,252)</b>	<b>(1,046)</b>
<b>Net unrealised gains on investments</b>	<b>1,073</b>	<b>5,726</b>
<b>Property disposal</b>	<b>6,110</b>	<b>-</b>
<b>Capital project donations</b>		
Sandringham	5,671	2,501
Betty and Asher Loftus Centre	1,330	1,284
Maurice and Vivienne Wohl Campus	60	-
Leila's House (JAMI)	-	500
<b>Total capital project donations</b>	<b>7,061</b>	<b>4,285</b>
Actuarial (loss) on defined benefit pension scheme	(112)	(2,135)
<b>Net movement in funds</b>	<b>8,880</b>	<b>6,830</b>

<sup>1</sup>Charitable activities income consists of local authority and private residential fees, grant income, independent living rental income and day centre attendance income.

<sup>2</sup>Charitable activities expenditure in our Care Homes, Day Centres, Home Care, Independent Living and Mental Health services.

# Fund movements

	Funds at 1 April 2017 £'000	Funds movement for the year £'000	Funds at 31 March 2018 £'000
Unrestricted funds	24,508	(1,133)	23,375
Restricted funds	3,718	(343)	3,375
Endowment funds	16,407	27	16,434
Designated funds	86,605	9,588	96,193
Pension fund	(16,487)	741	(15,746)
<b>Total funds</b>	<b>114,751</b>	<b>8,880</b>	<b>123,631</b>
Tangible assets	98,196	7,331	105,527
Investments	35,995	(8,999)	26,996
Net current assets	2,279	8,807	11,086
Defined pension scheme provision	(16,487)	741	(15,746)
Amounts due after one year	(5,232)	1,000	(4,232)
<b>Net assets</b>	<b>114,751</b>	<b>8,880</b>	<b>123,631</b>

## Summarised accounts

for the year ended 31 March 2018

### From our Trustees

The summarised accounts on page 17 are a summary of information extracted from the annual accounts and contain information relating to the Statement of Financial Activities.

These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity.

For further information, the full accounts, which received an unqualified audit opinion, should be consulted. Copies of these can be obtained from Jewish Care, Amélie House, Maurice and Vivienne Wohl Campus, 221 Golders Green Road, London NW11 9DQ.

The annual accounts were approved by the Trustees on 26 September 2018.

# How did we do?



**444**

We received **444** compliments

Nine of our care homes were inspected by the CQC and rated as

**'Good'**

including one 'Outstanding' for leadership



**+58**

The likelihood to recommend score for our services was **+58.15**. This is considered **excellent**



We translated learning from complaints into actions to support our

**continuous improvement**

**5.6:1** **7.9:1**

The ratio of compliments to complaints received was **7.9:1**, compared to **5.6:1** the previous year



**39.13%**

The number of complaints received reduced by **39.13%**

# Our year in photos



Children from Nagilla Nursery join members of Jewish Care's Edgware and Harrow Jewish Day Centre to decorate cakes and celebrate The Great Jewish Bake Day.



12 Residents of Jewish Care homes were proud to sweep the board winning 1st, 2nd and 3rd prizes in a Barnet-wide art competition for care homes.

400 young partygoers enjoyed the spooky Young Jewish Care Social Halloween party raising over £7,000 for Jewish Care at Forge in the City.



Over 200 visitors, including residents from other Jewish Care homes, enjoyed strawberries and cream teas at the annual Lady Sarah Cohen House Garden Fete.



Clore Manor residents celebrated Sukkot with pupils from Etz Chaim Primary School.



The Mayor of London, Sadiq Khan, addressed an audience of over 1,000 people at Jewish Care's annual fundraising dinner.



Residents at Jewish Care's Betty and Asher Loftus Centre hosted an intergenerational storytelling and arts and crafts afternoon with PJ Library.



An eight-strong team ran the 10th Royal Parks Half Marathon raising over £5.5k.



Members of Southend and Westcliff Jewish Community Centre were recipients of the local 'Make Southend Sparkle Award' for their dementia garden project.



Justin Kett, Deputy Head of Sacks Morasha Primary School, proudly presented a giant cheque to Jewish Care on behalf of pupils who took part in the Purim Zumbathon.

300 people attended a Yom Ha'atzmaut Party at Redbridge Jewish Community Centre.



# A guide to what we do

## COMMUNITY SUPPORT AND SOCIAL WORK SERVICE

An experienced team supporting individuals, families, carers and communities by enabling people to make a meaningful difference to their lives. The team can help to identify what support, care or services you need; advise, coordinate and act on your behalf with local authorities; signpost you to other helpful services and provide support and advice for as long as required.

They have specialist knowledge of a range of issues including dementia, disability and welfare rights, family carer support, end-of-life care, and support for Holocaust survivors and refugees. The service has strong links with a range of local services and will be able to help you if you live across London and the South East ①, as well as by telephone and email if you are elsewhere in the UK or abroad.

## CARE HOMES

Designed to enable residents to receive high-quality residential, nursing and dementia care in an environment that promotes meaningful lives.

- ▲ Clore Manor, Hendon  
*Personal & dementia care*
- ▲ Hyman Fine House, Brighton  
*Personal, dementia & nursing care*
- ▲ Kun Mor and George Kiss Home, Friern Barnet  
*Personal and dementia care*
- ▲ Lady Sarah Cohen House, Friern Barnet  
*Nursing & nursing with dementia care*
- ▲ Otto Schiff, Golders Green  
*Dementia care*

- ▲ Anita Dorfman House, Stanmore (opening 2019)  
*Personal, dementia & nursing care*
- ▲ The Princess Alexandra Home, Stanmore  
*Personal & nursing care*
- ▲ Rela Goldhill at Otto Schiff, Golders Green  
*Physically disabled, aged 18+*
- ▲ Rosetrees, Friern Barnet  
*Personal & dementia care*
- ▲ Rubens House, North Finchley  
*Personal & dementia care*
- ▲ Vi & John Rubens House, Ilford  
*Personal, dementia & nursing care*
- ▲ Wolfson Assisted Living, Stanmore (opening 2019)  
*Personal care*

## CONNECT@ CENTRES

Offering a choice of cultural, social and leisure pursuits, for the young@heart, aged 55+.

- ▲ connect@kenton ②
- ▲ connect@southgate ③
- ▲ connect@southend ④
- ▲ connect@stamfordhill

## INDEPENDENT LIVING

Offering independent living within a supportive setting.

- ▲ Selig Court, Golders Green
- ▲ Shebson Lodge, Southend
- ▲ Wohl Court, Hendon

## COMMUNITY CENTRES

Where the community can come together to socialise, learn, eat and have fun.

- ▲ Brenner Centre at Stepney Jewish Community Centre, at Raine House

- ▲ Michael Sobell Jewish Community Centre, Golders Green
- ▲ Redbridge Jewish Community Centre (Sinclair House)
- ▲ Southend and Westcliff Jewish Community Centre

## DAY CENTRES

Offering a wide programme of activities for older people, enabling them to remain active and connected to their community.

- ▲ Edgware & Harrow Jewish Day Centre ④

## CENTRES FOR PEOPLE LIVING WITH DEMENTIA

Providing stimulation and therapeutic activities in a safe and fun environment.

- ▲ The Dennis Centre, Ilford
- ▲ The Leonard Sainer Centre, Edgware
- ▲ The Sam Beckman Centre, Friern Barnet

## HOME CARE SERVICE AND LIVE-IN CARE

Enables clients to remain living independently in their own homes.

### Available in:

- ▲ Hertfordshire
- ▲ NE London
- ▲ NW London
- ▲ Redbridge
- ▲ Southend & Westcliff

## DEMENTIA ACTIVITY GROUPS

- ▲ Stamford Hill
- ▲ Southend-on-Sea
- ▲ Stepney

## HOLOCAUST SURVIVORS AND REFUGEE SERVICES

The Holocaust Survivors' Centre is a place for survivors to meet, with specially-designed

activities. Shalvata provides for the therapeutic needs of survivors and their families.

- ▲ Holocaust Survivors' Centre, Hendon ⑤
- ▲ Shalvata, Hendon ⑥
- ▲ Monthly support sessions, Redbridge

## DISABILITY SERVICES

Services designed for those with various disabilities, promoting independence and choice.

- ▲ Jewish Care Connect – Jewish audio news, culture and current affairs, Golders Green
- ▲ Jewish Care Explore – Digital skills for everyday life, Golders Green & Redbridge
- ▲ Carers' Physical Disability Support Group, Golders Green
- ▲ Hearing aid support surgeries, Redbridge ⑦

## SUPPORT AND SOCIAL GROUPS

### BEREAVEMENT SUPPORT GROUPS

- ▲ AfterShock, Golders Green ⑧  
For ages 18–30 who have lost a parent
- ▲ Bereaved Parents, Golders Green ⑧  
For people who have lost an adult child
- ▲ Butterflies, Golders Green ⑧  
For parents (of young children) who have lost a parent
- ▲ Stepping Stones, Golders Green ⑧  
For ages 40–60 who have lost a partner
- ▲ Stronger Together, Golders Green ⑧  
For ages 60+ who have lost a partner

### CARER SUPPORT AND SOCIAL GROUPS

- ▲ Carers' Café, Southend and Redbridge
- ▲ Physical Disability Carers' Support Group, Golders Green
- ▲ Dementia Carers' & Family Support Group, Edgware

### MEMORY SUPPORT AND SOCIAL GROUPS

- ▲ Memory Way Café, Golders Green, Edgware, Friern Barnet and Redbridge
- ▲ Singing for Memory, Golders Green and Friern Barnet
- ▲ Memory Matters, Northwood ⑤
- ▲ Dementia Day Club, Southend
- ▲ L'Chaim Group for people living with dementia, Stamford Hill
- ▲ Active Minds

### OTHER SUPPORT GROUPS

- ▲ Singular Challenge for people going through separation and divorce, Golders Green
- ▲ Wellbeing Group, Stepney
- ▲ The Jewish Care Stroke Club, Finchley
- ▲ AJR Association of Jewish Refugees, Redbridge
- ▲ JEMS Group for people living with Multiple Sclerosis, Edgware

### OTHER SOCIAL GROUPS

- ▲ New Faces for people with visual impairment or physical disability, Edgware
- ▲ Sobellers for people over 55 who are single, Golders Green

- ▲ Sunday Socials for people over 65, Golders Green
- ▲ The Hillside Club for people over 50, Stamford Hill
- ▲ Thursday Social Club for people over 50, Redbridge
- ▲ Time for Tea, Stepney

### SUPPORTIVE COMMUNITIES

Informal social groups that bring communities together and help build friendships, preventing social isolation among older adults.

Throughout Essex and London including:

- ▲ Chaps that Chat, Golders Green and Redbridge
- ▲ Tea Parties, across North London, Redbridge and South London
- ▲ Classical Music Appreciation Group, Whetstone
- ▲ Groups in South London including Bromley, Beckenham and Streatham

### MENTAL HEALTH

#### RESIDENTIAL HOMES

Offering independent living within a supportive environment for people with long-term mental health needs.

- ▲ Jack Gardner House, Golders Green

- ▲ Sidney Corob House, West Hampstead

### JEWISH CARE INTERACT

The place for all things independent living and ageing well in the UK Jewish community.

- ▲ Jewishcareinteract.org

### MENTAL HEALTH

Jami and Jewish Care formed a partnership to create a single mental health service for the Jewish community. Jami's focus is on recovery: moving from lack of control and autonomy to becoming an active member of the Jami, Jewish and wider community. Jami assists people on this journey to living the life they want to live. You can contact Jami on 020 8458 2223 or visit [jamiuk.org](http://jamiuk.org)

### ACTIVITIES AND SERVICES:

- ▲ Helping service-users manage their mental and physical health and daily routine
- ▲ Visiting people in hospital, organising befriending and offering peer support
- ▲ Jami's hubs run varied programmes throughout the week
- ▲ Assistance with job searching and advice on managing the work-life balance

- ▲ Courses and seminars to educate the whole community about mental health, wellbeing and recovery
- ▲ Support is also offered to carers of people with a mental health issue

### Located at:

- ▲ Martin B. Cohen Centre for Wellbeing, Edgware
- ▲ Elliott Simmons Centre for Wellbeing, Leila's House, Finchley
- ▲ Mitkadem Centre for Wellbeing, Redbridge
- ▲ Kadimah Centre for Wellbeing, Stamford Hill

- ① The Kent, Sussex and Surrey service is a joint service run by both Jewish Care and Nightingale Hammerson
- ② in association with Kenton United Synagogue
- ③ in association with Southgate Progressive Synagogue
- ④ in association with the League of Jewish Women and Edgware & Hendon Reform Synagogue
- ⑤ with the support of World Jewish Relief
- ⑥ in association with Southend & Westcliff Hebrew Congregation
- ⑦ in association with RNID
- ⑧ in association with the Jewish Bereavement Counselling Service
- ⑨ In association with Northwood and Pinner Synagogue

## JEWISH CARE DIRECT HELPLINE

All our services can be accessed by calling the **Jewish Care Helpline**, which will give you confidential information and advice. It is staffed by experienced and knowledgeable professionals, so whatever you need to find out, your call will be treated in a warm and sympathetic manner. If we are not able to offer a Jewish Care service that meets your needs, we can help by referring you to other external organisations.

Its opening hours are: Mon to Thurs 8.30am – 5.30pm and Fri 8.30am – 5pm (until 2pm in winter). **You can contact the Jewish Care Helpline by calling 020 8922 2222, visiting us at [jewishcare.org](http://jewishcare.org) or emailing us at [helpline@jcare.org](mailto:helpline@jcare.org)**

# Legators

We are deeply grateful to the following people who have passed away and generously left a legacy to Jewish Care.

Dinah Abel  
Celina Abraham  
Helen Abrahams  
Lilian Adler  
Sidney Adler  
Agnes Alexander  
Vera Bach  
Sheila Balin  
Daniel Barnard  
Anthony Barnett  
John Barrard  
Queenie Beer  
Milly Berg  
Joseph Blume  
Bernard Bresnick  
Joseph Brill  
Bernice Burr  
Jacqueline Caminer  
Freda Chenagle  
Betty Cohen  
Joyce Cohen  
Maurice Cohen  
Rita Cohen  
Sandra Cohen  
Tina Colover  
Myra Corrett  
Leonard Curtis  
Herma Curzon  
Frances Davis  
Michael Defries

Adrian Dell  
Otto Deutsch  
Alfred Doll-Steinberg  
Leonard Eker  
Derek Ezra  
Hannah Finburgh  
Isabella Fisher  
Ernest Flesch  
Clive Gershuny  
Ronald Gerver  
Aubrey Gilchrist  
Peter Glikin  
Sydney Goldberg  
Joseph Gollow  
Etká Green  
Ruth Green  
Stanley Grossmith  
Harry Harris  
Stella Hartsilver  
Andras Herskovits  
Shirley Hillman  
Klara Hirsch  
Sheila Hirsh  
Ivor Hockman  
Ronald Isaacs  
David Jacobi  
Stephen Jacobs  
John Jacques  
Minia Jay  
Ettie Jones

Raymond Jones  
Doris Klinger  
Karl Lenobel  
Beatrice Lesser  
Alfred Levy  
Estelle Levy  
Ludwig Levy  
Michael Linde  
Dennis Lynes  
Hannah Maier  
Lily Marks  
Hilde Mayer  
Dorothy Modlyn  
Joseph Morris  
Rachel Moscow  
Morris Moskal  
Sylvia & Stanley Moss Trust  
Moss Murray  
Edith Newton  
Hilda Nisner  
Eve Noble  
Fay Perloff  
Madeleine Rae  
Phyllis Raphael  
Georgina Ray  
Minna Reed  
Leila Richard  
Erica Roberts  
Ian Rodin  
Betty Rubenstein

Ann Saphir  
Rhona Schein  
Joanna Seldon  
Allan Simon  
Philip Sladen  
Cecily Solomons  
Inge-Lore Sommerfeld  
Alfred Sparlin  
Edith Steiner  
Elsie Tait  
Alan Tapnack  
Reuben Taylor  
Gerda Torrence  
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Alma Walburn  
Leah Webber  
Helena Weinstein  
Lawrence Werth  
Aaron Wilson  
Mildred Zamet



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The Lord Levy

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Matthew Weiner

## Chief Executive

Simon Morris (until June 2018)

Daniel Carmel-Brown

## [jewishcare.org](http://jewishcare.org)

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